

# THE RELATIONSHIP BETWEEN INTERPERSONAL SENSITIVITY AND INTERPERSONAL COGNITIVE DISTORTIONS IN INDIVIDUALS WITH AND WITHOUT DEPRESSION: THE MEDIATING ROLE OF EARLY MALADAPTIVE SCHEMAS AND PSYCHOLOGICAL RESILIENCE

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## KEY WORDS

- ✓ Depression
- ✓ Interpersonal Sensitivity
- ✓ Interpersonal Cognitive Distortions
- ✓ Early Maladaptive Schemas
- ✓ Psychological Resilience

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## THESIS ABSTRACT

The aim of this study is to examine the mediating role of early maladaptive schemas and psychological resilience in the relationship between interpersonal sensitivity and cognitive distortions related to relationships in individuals with and without a diagnosis of depression. In this context, the sample of the study consists of 112 individuals diagnosed with depression and 109 individuals who have not received any psychiatric diagnosis before. Within the scope of the study, demographic information form, Beck Depression Inventory, Cognitive Distortions Related to Relationships Scale, Young Schema Scale Short Form-3 and Short Psychological Resilience Scale were administered to the participants via online form.

According to the results of the analyses, all scale total scores differed significantly between the two groups. It was found that some early maladaptive schema domains mediated the effect of interpersonal sensitivity and cognitive distortions about relationships on depression in the clinical and healthy group. Psychological resilience did not mediate the effect of interpersonal sensitivity and cognitive distortions about relationships on depression in the healthy group, but mediated the effect in the clinical group.

## APPLICATION AREAS OF THE THESIS RESULTS

It is thought that the results obtained from the clinical and healthy group of the current study will benefit intervention programmes, mental health workers and researchers who will study these concepts.

## ACADEMIC ACTIVITIES

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