



# THE EFFECT OF ART THERAPY APPLIED DURING HEMODIALYSIS ON DIALYSIS SYMPTOMS AND SPIRITUAL WELLNESS

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## **KEY WORDS**

- ✓ Chronic kidney disease
- ✓ Dialysis symptoms
- ✓ Spirituality
- ✓ Art therapies
- ✓ Nursing

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## **THESIS ABSTRACT**

The aim of the study was to examine the effect of art therapy during hemodialysis on dialysis symptoms and spiritual well-being. While no procedure was performed on the control group during dialysis, art therapy was applied to the experimental group. Write the application areas of the results of the thesis in maximum 800 characters and in two paragraphs. The entire form should not exceed one page. Art therapy was applied for 4 weeks in the form of painting and painting during dialysis. Patient Information Form, Dialysis Symptom Index and Spiritual Well-Being Scale were used. Considering the findings, it was concluded that art therapy application reduces dialysis symptoms and positively affects the person mentally and physically.

## **APPLICATION AREAS OF THE THESIS RESULTS**

It can be used in dialysis units to reduce dialysis complications and increase both moral and spiritual well-being of patients receiving hemodialysis during the treatment process.

## **ACADEMIC ACTIVITIES**

1. Kahraman BN, Pehlivan S (2023). The effect of spiritual well-being on illness perception of lung cancer patients. Supportive Care in Cancer. 31:107 <https://doi.org/10.1007/s00520-022-07527-z>
2. Kahraman BN, Pehlivan S (2023). Geriatric Nursing. (Editor: KARADAKOVAN A, PEHLİVAN S) Old Age and Nursing Management in All Its Dimensions. 89-163.